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# **EUROPEAN PATENT SPECIFICATION**

- (45) Date of publication and mention of the grant of the patent:
  10.12.1997 Bulletin 1997/50
- (21) Application number: 92901167.4
- (22) Date of filing: 30.12.1991

- (51) Int Cl.6: G01N 33/53, G01N 33/566
- (86) International application number: PCT/FI91/00413

(11)

- (87) International publication number: WO 92/12426 (23.07.1992 Gazette 1992/19)
- (54) DIAGNOSTIC METHOD FOR DETECTING THE RUPTURE OF FETAL MEMBRANES AND TEST KIT EMPLOYING THE METHOD

DIAGNOSTISCHES VERFAHREN ZUM NACHWEIS DES ZERREISSENS VON FETALEN MEMBRANEN UND TESTSATZ ZUR AUSFÜHRUNG DES VERFAHRENS

PHOCEDE DE DIAGNOSTIC PERMETTANT DE DETECTER UNE RUPTURE DES MEMBRANES FOETALES ET SON KIT D'ESSAI

- (84) Designated Contracting States: DE DK ES FR GB IT NL SE
- (30) Priority: 31.12.1990 FI 906469
- (43) Date of publication of application: 20.10.1993 Bulletin 1993/42
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P 0 565 541 B1

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#### Description

The present invention relates to a diagnostic method for detecting the rupture of fetal membranes, said method being based on the determination of a protein present in a vaginal secretion sample of a pregnant woman, and a test kit for the diagnosis of the rupture of fetal membranes.

The term "premature rupture of fetal membranes" (PROM) refers to the spontaneous rupture of the membranes at least 24 hours before the onset of labor at term or preterm. It occurs in about 5-10% of deliveries and is the cause of about 10% of perinatal deaths. About 30-50% of the premature ruptures of membranes occur when the gestational age is less than 37 weeks, and thus is not full-term. Here the diagnosis is extremely important because the rupture of membranes is associated with a significantly increased risk of an intrauterine infection. The risk of an infection is the greater the longer time has elapsed between the rupture of membranes and the delivery. Infections increase both maternal and perinatal mortality.

In spite of the problem being so common and severe, no absolute diagnostic method has been known for detecting the rupture of membranes in cases when the rupture is not clinically evident.

In the lack of a definitive method, several unsatisfactory methods have been used when trying to indicate the presence of amniotic fluid in vagina. Known methods are described by, inter alia, Friedman ML and McElin TW, Diagnosis of ruptured fetal membranes. Am. J. Obstet. Gynec. 1969; 104: 544-550. The amniotic fluid crystallization test is based on observing a characteristic arborization or "fern" pattern on a slide, which pattern differs from that of normal vaginal secretions.

In the dye tests an attempt is made to detect the difference by dyeing the secretion on a slide with eg. Nile Blue, Acridin Orange or Bromthymol Blue. An altered pH in the vaginal secretion can be detected by a Nitrazin test. In the above mentioned article a method is also described wherein amniotic fluid is dyed with a fluorescent compound and its leakage is visually observed in UV light.

These methods are not satisfactory because false positive or false negative results are too often obtained, or they are sensitive to interfering substances or are associated with a risk to patient health. The test result can be erroneous if there is a vaginal infection, or if a long time has elapsed since the rupture of membranes.

It has also been suggested that, in order to detect premature rupture of fetal membranes, it could be useful to determine such a compound in the vaginal fluid the concentration of which is high in amniotic fluid compared to the concentration of said compound in those other secretions that could possibly be present in vagina. Compounds like this have been described: Alpha-fetoprotein (AFP) (Rochelson et al. Rapid assay - possible application in the diagnosis of premature rupture of the membranes. Obstet\_ Gynecol\_ 1983; 62: 414-418) and prolactin (PRL) (Koninckx et al. Prolactin concentration in vaginal fluid: a new method for diagnosing ruptured membranes. Br\_ J\_ Obstet\_ Gynecol\_ 1981; 88: 607-610). The concentration of both compounds in amniotic fluid is clearly higher than in the blood of a pregnant person. However, in a situation where the vaginal fluid sample contains blood it is difficult to detect the presence of a small amount of amniotic fluid by determining these compounds.

Consequently, it is evident that there is a need for developing a simple and reliable diagnostic method for detecting the rupture of fetal membranes. In the situation when the test is performed it is extremely important to obtain the test result rapidly. The ideal test for this purpose is simple to perform and rapid (result obtained within at least 30 minutes) and can preferably be performed as a beginde test immediately on the site.

The object of the present invention is thus to provide a new and improved method for detecting the rupture of fetal membranes, the method being specific to the substance to be measured independently of individual variations in the patients.

The object of the invention is also to provide a method that is rapid and simple to perform while the patient is waiting (a so-called bed-side test).

The object of the invention is also to develop a test kit suitable for such a diagnosis which kit contains the means for performing a simple and rapid diagnosis method.

The exact features of the invention will become evident from the following description and the appended claims the content of which is enclosed herein by reference. Thus, the present invention is directed to a diagnostic method for detecting the rupture of fetal membranes which method is based on the determination of a protein in a vaginal secretion sample of a pregnant woman. Said method is characterized in that the protein to be detected is Insulin-like Growth Factor Binding Protein 1 (IGFBP-1), the presence of which, resulting from the rupture of fetal membranes is indicated in the sample with the aid of at least one specific IGFBP-1 binding substance.

In the method according to the invention, the ratio of the amount of the specific binding substance to the amount of the protein to be determined is so adjusted that a low concentration of IGFBP-1 does not cause a reaction that is interpreted as being positive. A positive reaction will not be caused by any but a concentration which is so high as to be characteristic only for amniotic fluid. According to the invention, this decreasing of the sensitivity is achieved for example by diluting the vaginal sample before performing the test.

The test kit according to the invention developed for the diagnosis of the rupture of fetal membranes is characterized

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in that it includes at least one reagent which comprises a substance having specific binding activity to Insulin-like Growth Factor Binding Protein 1 (IGFBP-1) for detecting the presence of IGFBP-1 caused by the rupture of fetal membranes, in a vaginal secretion sample.

The test kit according to the present invention also preferably contains a label for indicating the binding reaction between IGFBP-1 and the binding substance, and preferably, the specific IGFBP-1 binding substance included in the reagent is a specific antibody to IGFBP-1, particularly a monoclonal antibody.

Insulin-like Growth Factor Binding Protein 1 (IGFBP-1) is a protein that is present in varying concentrations in various male and female body fluids and e.g. in the serum of a pregnant woman. So far, it has been shown to be synthesized only by liver, predecidualized and decidualized endometrium as well as ovaries.

IGFBP-1 was first purified from placenta and fetal membranes in 1980 (Bohn et al. Isolierung und Characterisierung eines Neuen Plazentaspezifischen Proteins (PP12), Arch. gynecol. 1980; 229: 279-291). It was thought to be a protein of placental origin and it was called Placental Protein 12 (PP12). Later it was observed that PP12 and IGFBP-1 purified from amniotic fluid have the same N-terminal amino acid sequence (Povoa et al. Cross-reactions of serum somatomedin-binding protein in a radioimmunoassay developed for somatomedin-binding protein isolated from human amniotic fluid. Acta Endocrinologica 1984; 107: 563-570) and that PP12 binds IGF I (Insulin-like Growth Factor I) (Koistinen et al. Placental protein 12 is a decidual protein that binds somatomedin and has an identical N-terminal amino acid sequence with somatomedin-binding protein from human amniotic fluid. Endocrinology 1986; 118: 1375). Synthesis of IGFBP-1 in decidua was first described in 1985 (Rutanen et al. Synthesis of placental protein 12 by human decidua. Endocrinology 1985; 119: 1304). Purification of IGFBP-1 from a human hepatoma celline was published in 1988 (Legertal. Insulin-like growth factor (IGF) binding protein complementary deoxyribonucleic acid from human HEP G2 hepatoma cells, Mol\_Endocrinol\_ 1988; 2: 404). It was in this connection that the complete amino acid sequence of the protein was reported for the first time.

The concentration of IGFBP-1 in amniotic fluid has been observed to be usually 100 to 1000 times higher than that in maternal serum (Rutanen et al. Radioimmunoassay of placental protein 12: levels in amniotic fluid, cord blood and serum of healthy adults, pregnant women and patients with trophoblastic disease. Am. J. Obstet. Gynecol. 1982; 144:460). However, clinical applications to this observation have not been described so far.

Reactions based on specific binding substances are generally known. Antibodies are the compounds most commonly used as specific binding substances. These so-called immunological methods are based on the ability of an antibody to bind specifically to a certain site in its antigen (epitope). The so-called polyclonal antibodies are a mixture of immunoglobulins in serum of an immunized animal. The mixtures are different in each individual animal. Unlike this, the so-called monoclonal antibodies are produced by one cell line that is cultured in laboratory conditions and each antibody is homogenous and can be characterized by methods used in protein chemistry and continuously produced in identical form.

An immunological method can be developed so that only one antibody is used. In this case the reaction conditions are chosen so as to allow the antigen in the sample to compete with an added antigen that is labelled, but otherwise identical to the sample antigen, for a limited amount of binding sites in the antibody. The concentration of the sample antigen is determined by analyzing the fraction of bound label. Several labelling substances that produce a signal enabling measurement of concentration may be used, eg. radioactive isotopes, enzymes, chemiluminescent or functional contents. The method may also employ two different antibodies (the so-called candwich principal place the antibodies are specific to separate epitopes in the same antigen and can bind simultaneously to the same antigen molecule. One antibody is usually immobilized on a solid carrier and the other is labelled. Both antibodies bind to the antigen in the sample and the complex can be separated from unbound label with the aid of the carrier. The amount of bound labelled antibody is directly proportional to the antigen concentration in the sample.

The inventor of the present invention has studied placental proteins and for her research work she has developed a radioimmunological assay method for determining IGFBP-1 (PP12) concentration. Moreover, monoclonal antibodies to IGFBP-1 have been developed for the studies (Rutanen et al. Monoclonal antibodies to the 27-34 K insulin-like growth factor binding protein. Biochem\_Biophys\_Res\_Commun\_ 1988; 152: 208). The studies have not, however, led to any clinical applications.

No report can either be found in the literature showing a comparison between the concentrations of IGFBP-1 in amniotic fluid and other secretions present in vagina. A research group led by the inventor of the present invention has now studied the concentrations of IGFBP-1 in amniotic fluid and blood, as well as the concentrations in secretions that are possibly present in vagina (Table 1).

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Table 1.

Concentrations of IGFBP-1, prolactin (PRL) and alpha-fetoprotein (AFP) in samples of maternal serum (S) and amniotic fluid (AF) are shown in the Table. The samples were taken at gestation of 24-38 weeks.

			•	•				
10	Patient	Sample	IGFBP-1 (μg/l)	ratio	PRL (µg/l)	ratio	AFP (U/ml)	ratio
15	1	S AF	170 60000	353	140 1800	13		*
	2	S AF	130 29000	223	76 320			당
20 .	3	S AF	140 48000	343	83 260	3	**************************************	· .
25	4	S AF	200 65000	325	118 340	3		
	5	S AF	63 22000	349	183 210	1		
30	6	S AF	350 350000	1000	124 300	2		¥0.
35	7	S AF	240 115000	479	78 420	5		171
35	8	s Af	190 40000	210	150 350	, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	a sa Arriva	e to epocati
40	, Ó	S AF	240 50000	208	183 390	2	75 240	3
	10	S AF	250 200000	800	62 583	9	150 333	2
45	11	S AF	130 70000	538	100 728	7	162 367	2
50	12	S AF	65 33000	508	60 400	7	98 139	1
50	13	S AF	600 70000	117	190 447	2	98 372	4

Table 1 (continued)

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<i>5</i>	Patient	Sample	IGFBP-1 (μg/l)	ratio	PRL (µg/l)	ratio	AFP (U/ml)	ratio	
	14	S AF	260 95000	365	69 433	6	242 178		
10	15	S AF	340 180000	529	130 443	3 .	137 196	1	
	16	S AF	500 155000	310	94 1173	12	97 377	4	
15	17	S AF	155 19000	122	154 46	<1	233 214	1	
20	18	S .	340 140000	412	. 129 . 573	4	47 229	5	
	19	S AF	160 200000	1250	40 1301	33	153 1252	8	
25	20	S AF	240 160000	667	104 964	9	71 151	2	
	21	S AF	340 145000	426		•	201 111	<1	
30	22	S AF	350 53000	151	116 194	2	181 246	1	
35	23	S AF	200 125000	625	92 191	2	55 121	2	
	. 24	S Af	135 55000	407	. 131	ંદ			
40	25	S AF	340 145000	426	35 248	7	*	•	· 1/*2

It can be concluded from the paired blood and amniotic fluid samples studied that even though there are remarkable and individually varying amounts of IGFBP-1 in blood the concentration of IGFBP-1 in amniotic fluid is in all cases more than 100 times higher than in maternal serum. The said difference in concentrations is the largest difference between a protein in blood and in amniotic fluid known to the inventor. For this reason IGFBP-1 is excellently suited for detecting the presence of amniotic fluid also in situations where the amniotic fluid is mixed with blood.

Contrarily, the corresponding ratios of the proteins AFP and PRL vary considerably being of the magnitude of 1-10. In some cases even higher concentrations of the compounds to be measured were found in serum than in amniotic fluid. These measurements also show why the earlier tests based on the measurements of AFP and PRL have not been completely reliable.

According to the present invention it was observed that by adjusting the detection limit of the IGFBP-1 test to such a level that even a high blood concentration of IGFBP-1 does not give a positive result one can make sure that a positive result always derives from a presence of amniotic fluid. In this way IGFBP-1 also from amniotic fluid with a low concentration can be detected even if there is only a very small amount of amniotic fluid mixed in the blood.

The detection limit can be adjusted to a suitable level for instance by using a label that produces such a weak

signal that a low concentration of IGFBP-1 caused by only blood or some other secretion in the sample will not give a result interpreted as positive. When using a strong signal the detection limit can be lowered e.g. by diluting the sample. If the signal used gives a quantitative result it can be interpreted as negative always when the concentration of IGFBP-1 in the sample is below the highest known concentration caused by maternal serum.

It has also been shown in the studies that the concentration of IGFBP-1 in vaginal secretions of non-pregnant women and pregnant women with intact membranes, in seminal plasma or in urine is extremely low compared to that in amniotic fluid. Therefore, the test can be so designed that other sources of IGFBP-1 than amniotic fluid cannot cause false positive results in the test conditions used. As presented in Table 1, the highest concentration of IGFBP-1 found in the studies in maternal serum was  $600 \, \mu g/l$  while the lowest concentration in amniotic fluid was  $22000 \, \mu g/l$ . Consequently, even if the amniotic fluid content in the sample would be as small as 10% the IGFBP-1 concentration caused by the presence of amniotic fluid would still be  $2200 \, \mu g/l$ , which is over three times more than the highest concentration measured in maternal serum. Most often the IGFBP-1 concentration in amniotic fluid is considerably higher than that mentioned above ( $22000 \, \mu g/l$ ) and correspondingly, the concentration in maternal serum is considerably lower than that mentioned above ( $600 \, \mu g/l$ ).

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A small amount (100-200  $\mu$ l) of vaginal secretion is sufficient for performing the test. The sample is preferably taken during a speculum examination using for example a disposable syringe or a sterile instrument especially designed for this purpose.

Since the molecular size of IGFBP-1 is big enough, its molecular weight being about 25000 D, it has been possible to raise antibodies against it and these antibodies can be utilized in an immunological access with the contract of the cont

Thus the method according to the present invention is based on the use of antibodies against IGFPB-1 or other specific binding substances of IGFBP-1. It is rapid and its working range covers a suitable range of concentrations, and consequently it is well suited for the diagnostic use which is the object of the present invention i.e. to detect the rupture of fetal membranes by verifying the presence of amniotic fluid in vagina.

It is now possible for the first time, by using the preferred assay method of IGFBP-1 according to the present invention, to detect amniotic fluid in vagina with a sufficient specificity, because concentrations as high as those necessary for the measuring range of the assay do not exist elsewhere than in amniotic fluid. Therefore there will not be any false positive results caused by contamination from another IGFBP-1 source.

In a preferred embodiment of the invention, the measuring range is so adjusted that IGFBP-1 derived from blood cannot cause a false positive result. Thus the test also is so insensitive that the normally occurring minor leakage of amniotic fluid through intact fetal membranes cannot cause a false interpretation. As the binding substance or binding substances used in the test only bind IGFBP-1 specifically the possibility of a positive reaction being caused by a so-called cross-reaction, i.e. the binding of the wrong compound is also eliminated.

On the other hand, the concentration of IGFBP-1 in amniotic fluid is always so high that the fluid that leaks in connection with a rupture of fetal membranes cannot remain undetected in a test according to the invention. The test utilizes a specific binding substance that binds to IGFBP-1 with such a high affinity that in spite of its rapid performance time the test will begin to turn positive starting from a desired IGFBP-1 concentration in the sample.

When developing the test, attention has been paid also to eliminating the so-called Hook effect (effect of the prozone phenomenon). This effect means that in an immunological reaction an antigen concentration that is very high compared to the antibody concentration may cause a spurious decrease of the antigen-antibody complexes to be measured. In this case a sample with a high concentration may contrarily give a low result, which in a test of the present kind would be extremely detrimental and would cause a false negative result. For this reason, when developing the preferred embodiment of the test method according to the invention, the ratio of the amounts of the binding reagents and the IGFBP-1 to be measured has been adjusted so that even the highest known concentration in amniotic fluid cannot cause the signal measured to turn negative and consequently a wrong interpretation. In this way the risk of a false negative result is essentially eliminated in the test according to the invention.

The IGFBP-1 test according to the invention has been developed to give a result as rapidly as possible, which is both medically and economically important in establishing the diagnosis intended in the invention. The required sample can be taken for instance during a gynaecological speculum examination when the rupture of membranes is suspected. The sample can be taken for example into a syringe or with a sampling instrument made for this purpose.

According to a preferred embodiment of the invention the ratio of the concentrations of the specific binding substances and of IGFBP-1 originating from the sample has been adjusted to be suitable in the method so that the signal leading to a positive interpretation will only occur when the IGFBP-1 concentrations in the sample are high. The correct ratio is achieved for example by diluting the secretion sample taken for the diagnosis before the test itself is performed. The dilution is performed with a solution that is favourable for the binding reaction taking place in the test, preferably with a solution belonging to the test. The solution is preferably a buffer such as for instance a phosphate buffer that contains protecting proteins and having a pH close to physiological.

In the tests performed in practice it has been noted that the dilution should be at least 1:10 to get a reliable result and advantageously at least 1:20. Greater dilutions may also be used even up to 1: 500 or even greater. In order to

get a result according to the invention a qualitative result i.e. + or - is sufficient wherefore the level of dilution is not critical, as long as it is above the threshold in which, for instance, the IGFBP-1 present in maternal blood could give a positive result in the measuring range of the chosen label.

The test can also be performed with an undiluted sample, for instance by using very large amounts of specific binding substance and a label, the signal of which is not very strong. Thus only the high concentration of IGFBP-1 derived from the amniotic fluid can give a positive result.

According to the invention the IGFBP-1 test is advantageously performed using two specific monoclonal antibodies, for instance so that one antibody is attached to a small plastic bead and the other antibody is coupled to a label, like an enzyme, for instance horseradish peroxidase (HRP). The appropriately diluted sample, enzyme-labelled antibody and the antibody-coated bead in a gripper are placed in a test tube. When the mixture is incubated the IGFBP-1 present in the sample will become attached on one hand to the bead and on the other hand to the labelled antibody. After incubation the bead is removed from the tube and washed under running water. The bead is placed in a tube containing the substrate of the enzyme used as label. During incubation a visually detectable colour develops, if the sample contained a sufficient amount of IGFBP-1. The solution remains colourless, if the sample did not contain IGFBP-1 or if its concentration was too low.

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The IGFBP-1 test according to the invention can also be performed so that the first antibody is attached to the surface of a membrane developed for such test purposes. The sample is allowed to be in contact with the membrane and the IGFBP-1 in the sample will bind specifically to said immobilized antibody. Then a corresponding enzyme coupled antibody is added, which in turn binds to the IGFBP-1 new present on the membrane. The bound enzyme is detected by adding to the washed membrane a precipitating substrate of the enzyme which substrate will change its colour as a result of the action of the enzyme. Thus, when the sample is positive, a visually detectable colour develops on the membrane. This kind of test based on a membrane coated with antibody can be carried out for instance by attaching the membrane in question to a plastic vessel, which is especially designed for such a purpose. An absorbing material placed under the membrane will rapidly absorb the test liquids through the membrane, when said liquids are pipetted onto the membrane. Correspondingly the membrane can be attached to a plastic strip, which is transferred from one solution to another.

A colour indicating a positive result can also be accomplished otherwise than by labelling the antibody with an enzyme, which in turn causes the change in the colour of its substrate. Instead of an enzyme a dye can be attached to the antibody. The intensity of the dye should be sufficiently strong, so that in the positive case the colour of the label bound to the immobilized IGFBP-1 is visually detectable. Gold- or selenium colloids or disperse dyes can be used as such dyes. The advantage of such dyes is, that the performance of the test is shorter, when a separate substrate reaction phase is not needed. Correspondingly, the antibody can be coupled to coloured latex particles. When such a detection based on a direct visual colour is used, an immunochromatographic rapid test method can be used for IGFBP-1. Typically, a membrane is used, wherein a first antibody is attached to a small area. To another area a second colour-labelled antibody is dried. Said second antibody starts to migrate on the membrane, when a liquid sample is added. In case the sample contains a sufficient amount of IGFBP-1, a coloured zone will develop at the point where the antigen bound to the labelled antibody further binds to the antibody immobilized to the membrane. If the sample is negative, no coloured zone develops and the dye migrates over the membrane.

The IGEBP-1-test can also be preferred by the agglutination principle. Here the visually detectable reaction comprises the agglutination of, for instance, antibody coated particles, like latex, with the antigen in the sample causing bonds between them. Inversly, an inhibition of agglutination can also be detected.

Not only antibodies, but also other specific binding substances of IGFBP-1 and their combinations can also be used in the method and test kits according to the present invention. In this way, for instance, the natural binding characteristic of IGFBP-1 to IGF (Insulin-like growth factor) can be exploited.

In the performance of the test one may also use the assay methods explained in FI-patent 84863.

The methods for testing for IGFBP-1 according to the present invention can ease the problems related to the premature rupture of membranes in a decisive way. After the rupture of membranes, the patient needs an intensive follow-up until delivery because of the risk of infection. When a premature rupture of fetal membranes is suspected, one has to decide on the basis of an examination whether the patient should be admitted to hospital or should she be allowed to go home. This decision is important both economically and medically: economically as costs of bed-days to the society; and medically, because the decision directly influences the mortality of both foetus and mother.

The test kit according to the present invention contains a reagent that is based on a specific binding substance of IGFBP-1. Depending on the test method the reagent may be a binding substance solution or it may be a solid phase like a bead or a membrane coated with the specific binding substance, or it may be formed of latex or dye particles. For example, in a one-step assay the kit may also contain a combination of the above mentioned components. The specific binding substance advantageously comprises a specific monoclonal antibody to IGFBP-1.

In addition to the reagent mentioned above the kit advantageously contains a label that is able to detect a sufficient concentration of IGFBP-1 in the sample after the binding reaction. The label detecting the binding reaction advanta-

geously is a signal producing label coupled to another antibody to IGFBP-1. The label is for example an enzyme coupled to another antibody to IGFBP-1, a radioactive isotope or a compound recognized by its colour. If the label is an enzyme, the test kit advantageously contains a substrate of the enzyme.

In addition to the essential reagents it is advantageous that the test kit contains a dilution solution for diluting the sample. Said solution advantageously comprises an assay buffer, for instance phosphate buffer containing protective proteins and having a pH close to the physiological pH. The amount of dilution buffer may be adjusted so as to achieve a final dilution, for instance 1:20, when a certain amount of sample is added to it.

The test kit may also contain a sampling instrument such as a disposable sterile syringe or an instrument especially developed for the test.

The test kit may also consist of a simple instrument for taking a vaginal secretion sample and an associated dilution solution for performing the test. The test kit may also comprise an antibody coated test strip that the patient herself can insert into the vagina. Such test kits are well suited to home tests that a woman can use herself at home when she suspects that the fetal membranes are ruptured and wonders whether she should go to the hospital or not.

The Examples below illustrate the performance of the test according to the invention without, however, limiting it in any way.

#### Example 1:

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Flastic beads were coated with anti-IGEBR-1 antibody (6305) Medix Biochemica). Another anti-IGEBR cantibody (6303, Medix Biochemica) was coupled with a label enzyme (horseradish peroxidase, HRP). Phosphate buffer containing 0,3% bovine serum albumin (BSA) was used as assay buffer. The buffer also contained a detergent and stabilizers and its pH was 7. 4. A rapid IGEBP-1-test was performed according to the following instruction.

The performance of the rapid IGFBP-1-test:

- 1. 200 μl of 6303-HRP-label was pipetted to the sample tube (diluted 1:50 in assay buffer).
- 2. 100 µl of sample (diluted 1:20 in assay buffer) was added to the tube.
- 3. An IGFBP-1-antibody coated bead in a gripper was placed into the tube. It was incubated for 5 minutes.
- 4. The bead in the gripper was removed from the solution and washed under running water for 30 seconds.
- 5. The washed bead was transferred to the substrate solution (2,2'-azino-di-[3-ethyl-benzthiazoline sulfonate(6)], ABTS®) (400 µl pipetted in a clear tube).
- 6. The tube was allowed to stand protected from light in an amber shielding vial for 5 minutes.
- 7. The colour of the colution was eitner inspected immediately or the reaction was stopped by adding stopping \* solution (200 μl) and inspected colourless solution was negative, green was positive.

In order to make a comparison and to verify the appropriate dilution, tests were performed according to the procedure described above in example 1, where the sample was amniotic fluid, in which the IGFBP-1 concentration was about 200 000 µg/l and which was diluted 1: 20, 1: 100, 1: 500 and 1: 2500 before the test, and correspondingly, a serum sample, in which the IGFBP-1 concentration was > 100 µg/l, and which was diluted 1:20 before the test.

Typical absorbances measured are presented below:

Sample	Dilution	A <sub>414</sub>	Visual estimation
Amniotic fluid	1: 20	0.931	+
Amniotic fluid	1: 100 .	1.021	+ + ·
Amniotic fluid	1: 500	0.679	+
Amniotic fluid	1: 2500	0.212	±
Serum 1.	1: 20	0.044	
Serum 2.	1: 20	0.049	-
Assay buffer	0	0.036	<u>-</u>

#### Example 2

A narrow zone of a nitrocellulose strip is coated with an anti-IGFBP-1-antibody (6305, Medix Biochemica). Coloured latex-particles are also coated with another anti-IGFBP-1-antibody (6303; Medix Biochemica). The coated latex particles are dried on the other end of the membrane strip containing the zone of antibodies. The rapid IGFBP-1 test is performed on the membrane according to the following instruction.

Performance of the IGFBP-1 membrane test:

- 1. A few drops of a sample diluted with buffer are pipetted on the part of the strip, where the latex particles are dried.
- 2. During a few minutes' incubation the sample migrates on the membrane and the latex particles are transferred with the liquid over the antibody-coated zone to the other end of the strip.
- 3. The strip is inspected. If a coloured zone is formed, the result is positive.

#### Example 3.

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- membrane is placed on a plastic cup-like vessel so, that straight underneath there is attached an absorbing material (treated cellulose). Another anti-IGFBP-1-antibody (6303, Medix Biochemica) is coupled to a label enzyme (horseradish peroxidase, HRP). A rapid IGFBP-1 test is performed according to the following instructions.
  - 1. A few drops of sample diluted with assay buffer are pipetted to the membrane and the solution is allowed to absorb through the membrane.
  - 2. As much wash solution as the cup will hold (about 1 ml) is pipetted and the solution is allowed to absorb through the membrane.
  - 3. A few drops of the label solution are pipetted and the solution is allowed to absorb through the membrane.
  - 4. Wash solution, about 1 ml is pipetted and the solution is allowed to absorb through the membrane.
  - 5. A few drops of a precipitating substrate of the enzyme are pipetted on the membrane and the solution is allowed to absorb through the membrane.
  - 6. The membrane is inspected. If a coloured zone is formed, the result is positive.
- in The performance of inestest according to the invention is illustrated above with some immunity inestion approach. However, it is evident to the persons skilled in the art that the methods may be changed and varied within the above description and the appended claims without deviating from the scope of the invention.

#### Claims

- 1. A diagnostic method for detecting the rupture of fetal membranes, said method being based on the determination of a protein present in a vaginal secretion sample, characterized in that the protein to be detected is insulin-like growth factor binding protein 1, IGFBP-1, the presence of IGFBP-1 resulting from the rupture of fetal membranes being detected in the sample with the aid of at least one specific binding substance of IGFBP-1 by adjusting the test conditions so that a positive result appears only, when the concentration of IGFBP-1 in the sample is above the threshold value of IGFBP-1 deriving from other sources than the presence of amniotic fluid.
- 2. A method according to claim 1, characterized in that the specific binding substance used is an antibody to IGFBP-1.
- A method according to claim 2, characterized in that the antibody is a monoclonal antibody.
  - 4. A method according to any of the preceding claims, **characterized** in that the determination is performed using a reagent based on an IGFBP-1 binding substance and another, labelled binding substance, the signal of which can

#### be detected.

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- 5. A method according to any of the preceding claims, **characterized** in that the sample taken from the vagina is diluted before performing the test in order to decrease the concentration of IGFBP-1 in the sample.
- 6. A method according to claim 5, characterized in that the dilution is at least 1: 10, preferably 1: 20.
- A method according to claim 1, 2 or 3, characterized in that a labelled reagent is used, the signal of which gives
  a positive result only when the IGFBP-1 concentration to be measured is sufficiently high.
- 8. A test kit for the diagnosis of the rupture of fetal membranes in accordance with the method of claim 1, **characterized** in that the kit contains at least one reagent containing a specific binding substance of insulin-like growth factor binding protein 1, IGFBP-1, for detecting the presence of IGFBP-1, said kit being adapted for giving a positive signal only when the concentration of IGFBP-1 in a vaginal secretion sample is above the threshold value of IGFBP-1 deriving from other sources than the presence of amniotic fluid.
- 9. A test kit according to claim 8, characterized in that it further contains a label detecting the binding reaction.
- 10 A lest kit and ording to claim a characterized in that the sensituity range of the signal produced by the label is adjusted in such a way that a positive result occurs only at a high concentration of IGFBP-1 resulting from the presence of amniotic fluid.
  - 11. A test kit according to claim 8, 9 or 10 **characterized** in that the reagent contains as the specific binding substance of IGFBP-1 a specific IGFBP-1 antibody, preferably a monoclonal antibody.
  - 12. A test kit according to claim 9 or 10, characterized in that the label detecting the binding reaction is a signal producing substance coupled to another IGFBP-1 binding substance.
- 13. A test kit according to claim 8, characterized in that the reagent based on the specific binding substance comprises binding substances bound to a solid phase or to insoluble particles, or solutions of binding substances.

#### Patentansprüche

- Diagnostisches Nachweisverfahren für die Ruptur von fötalen Membranen, wobei das Verfahren auf der Bestimmung eines Proteins basiert, das in einer Vaginalsekretprobe vorhanden ist, dadurch gekennzeichnet, daß das nachzuweisende Protein das den Insulin-ähnlichen Wachstumsfaktor bindende Protein 1 (IGFBP-1) ist, wobei das Vorhandensein von IGFBP-1 aus der Ruptur von fötalen Membranen resultiert, die in der Probe mit Hilfe von mindestens einer spezifisch IGF@P-1 bindenden Substanz nachgewiesen wird, indem man die Testbedingungen so einstellt, daß ein positives Ergebnis nur dann erzielt wird, wenn die IGFBP-1 Konzentration in der Probe über dem Schwellenwert von IGFBP-1 liegt, das aus anderen Quellen als der Amnionflüssigkeit stammt.
  - 2. Verfahren nach Anspruch 1, dadurch gekennzeichnet, daß die verwendete spezifisch bindende Substanz ein Antikörper gegen IGFBP-1 ist.
  - 3. Verfahren nach Anspruch 2, dadurch gekennzeichnet, daß der Antikörper ein monoclonaler Antikörper ist.
  - 4. Verfahren nach einem der vorangehenden Ansprüche, dadurch gekennzeichnet, daß die Bestimmung unter Verwendung eines Reagenzes erfolgt, das auf einer IGFBP-1 bindenden Substanz und einer anderen markierten bindenden Substanz basiert, deren Signal nachgewiesen werden kann.
  - 5. Verfahren nach einem der vorangehenden Ansprüche, dadurch gekennzeichnet, daß die aus der Vagina entnommene Probe verdünnt wird, bevor der Test durchgeführt wird, um die Konzentration an IGFBP-1 in der Probe zu vermindern.
  - 6. Verfahren nach Anspruch 5, dadurch gekennzeichnet, daß die Verdünnung mindestens 1:10 ist, vorzugsweise 1: 20

- Verfahren nach Anspruch 1, 2 oder 3, dadurch gekennzeichnet, daß ein markiertes Reagenz verwendet wird, dessen Signal nur dann ein positives Ergebnis ergibt, wenn die zu messende IGFBP-1 Konzentration ausreichend hoch ist.
- 8. Diagnostischer Testkit für die Ruptur von fötalen Membranen gemäß dem Verfahren nach Anspruch 1, dadurch gekennzeichnet, daß der Kit mindestens ein Reagenz mit einer spezifisch bindenden Substanz für das den Insulin-ähnlichen Wachstumsfaktor bindende Protein 1 (IGFBP-1) enthält, zum Nachweis der Anwesenheit von IGFBP-1, wobei dieser Kit angepaßt wurde, um nur dann ein positives Signal zu erzeugen, wenn die IGFBP-1-Konzentration in einer Vaginalsekretprobe über einem Schwellenwert von IGFBP-1 liegt, das aus anderen Quellen als aus der Amnionflüssigkeit stammt.
  - 9. Ein Testkit nach Anspruch 8, dadurch gekennzeichnet, daß er außerdem eine Markierung enthält, die die Bindungsreaktion nachweist.
- 15 10. Testkit nach Anspruch 9, dadurch gekennzeichnet, daß der Empfindlichkeitsbereich des durch dle Markierung erzeugten Signals so eingestellt wird, daß ein positives Ergebnis nur bei einer hohen Konzentration von IGFBP-1, das aus der Amnionflüssigkeit stammt, auftritt.
  - 11a Testkit-nachtAnspruch 8:3 oder 10-dadurch gekennzeichnet, daß des Reggerz als seezilische GERR-teingende, Substanz einen IGFBP-1-spezifischen Antikörper enthält, vorzugsweise einen monoclonalen Antikörper.
  - 12. Testkit nach Anspruch 9 oder 10, dadurch gekennzeichnet, daß die Markierung, die die Bindungsreaktion nachweist, eine Signal erzeugende Substanz ist, die mit einer anderen IGFBP-1 bindenden Substanz gekoppelt ist.
- 25 13. Testkit nach Anspruch 8, dadurch gekennzeichnet, daß das Reagenz, das auf der spezifisch bindenden Substanz beruht, bindende Substanzen umfaßt, die an eine feste Phase oder unlösliche Partikel gebunden sind, oder Lösungen von bindenden Substanzen umfaßt.

#### 30 Revendications

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- 1. Procédé diagnostique destiné à détecter la rupture de membranes foetales, ledit procédé reposant sur la détermination d'une protéine présente dans un échantillon de sécrétion vaginale, caractérisé en ce que la protéine à détecter est une protéine liant le facteur de croissance proche de l'insuline 1, IGFBP-1, la présence d'IGFBP-1 résultant de la rupture de membranes foetales étant détectée dans l'échantillon à l'aide d'au moins une substance de liaison spécifique de IGFBP-1 par ajustement des conditions du dosage de façon que n'apparaisse un résultat positif que lorsque la concentration d'IGFBP-1 dans l'échantillon est supérieure à la valeur liminale d'IGFBP-1 provenant de sources autres que la présence de liquide amniotique.
- Procédé selon la revendication 1, caractérisé en ce que la substance de liaison spécifique utilisée est un anticorps dirigé contre IGFBP-1.
  - 3. Procédé selon la revendication 2, caractérisé en ce que l'anticorps est un anticorps monoclonal.
- 45 4. Procédé selon l'une quelconque des revendications précédentes, caractérisé en ce que la détermination est réalisée au moyen d'un réactif reposant sur une substance liant IGFBP-1 et une autre substance de liaison marquée dont on peut détecter le signal.
- Procédé selon l'une quelconque des revendications précédentes, caractérisé en ce qu'on dilue l'échantillon prélevé dans le vagin avant la mise en oeuvre du dosage afin d'abaisser la concentration d'IGFBP-1 dans l'échantillon.
  - 6. Procédé selon la revendication 5, caractérisé en ce que la dilution est d'au moins 1 : 10, de préférence de 1 : 20.
- Procédé selon la revendication 1, 2 ou 3, caractérisé en ce qu'on utilise un réactif marqué dont le signal ne donne de résultat positif que lorsque la concentration d'IGFBP-1 à mesurer est suffisamment élevée.
  - 8. Kit de dosage destiné au diagnostic de la rupture de membranes foetales selon le procédé de la revendication 1, caractérisé en ce que le kit contient au moins un réactif contenant une substance de liaison spécifique de la

protéine liant le facteur de croissance proche de l'insuline 1, IGFBP-1, en vue de la détection de la présence d'IGFBP-1, ledit kit étant conçu pour ne produire de signal positif que lorsque la concentration d'IGFBP-1 dans un échantillon de sécrétion vaginale est supérieure à la valeur liminale d'IGFBP-1 provenant de sources autres que la présence de liquide amniotique.

9. Kit de dosage selon la revendication 8, caractérisé en ce qu'il contient en outre un marqueur détectant la réaction de liaison.

- 10. Kit de dosage selon la revendication 9, caractérisé en ce que la plage de sensibilité du signal produit par le marqueur est ajustée de façon qu'un résultat positif ne soit obtenu qu'à une concentration élevée d'IGFBP-1 résultant de la présence de liquide amniotique.
- 11. Kit de dosage selon la revendication 8, 9 ou 10, caractérisé en ce que le réactif contient en tant que substance de liaison spécifique de IGFBP-1 un anticorps spécifique anti-IGFBP-1, de préférence un anticorps monoclonal.
- 12. Kit de dosage selon la revendication 9 ou 10, caractérisé en ce que le marqueur détectant la réaction de liaison est une substance produisant un signal, couplée à une autre substance liant IGFBP-1.
- 13. Ell de l'onige selon la revendication 8, caractéricé en es que le réagif à base de la substance à llaison spécifique comprend des substances liantes, liées à une phase solide ou à des particules insolubles, ou des solutions de substances liantes.